



QUEEN CHARLOTTE COLLEGE

Newsletter to Parents, Caregivers & Friends of the School • 14 August 2008

Principal's Comment...

The first weeks of term three have been very busy. We have welcomed several new enrolments to our college and in particular a warm welcome to our visiting international students Natascha Bauer and Luisa Pluhatsch from Germany, Onna Parviainen from Finland and Mizuki Funo from Japan.

Most classes are working well despite the occasional disruptions caused by the weather. Term three is the important time for senior students to concentrate on their academic workload and consolidate their efforts in ensuring that all credits and standards in their programme are obtained.

Uniform Winter can be a time when some students push the boundaries of the wearing of the correct uniform, particularly with footwear. Please ensure that your child has the correct uniform. On the rare occasions when there is a problem with a uniform item the Deans can issue a uniform pass after receiving a written request from parents.

Student Elections The Queen Charlotte College Board of Trustees has a student representative as a full board member. There is an annual election for this position. Nominations are now open and they close on August 22nd. The Board appreciates the valuable input that this representative is able to make in representing the visions of the student body.

Student Activities - Ruia Mai Te Kakano (Sowing Seeds for Success) On Friday forty students were involved in this programme at the Waikawa Marae. This inclusive programme encourages students to find successful future pathways. Opportunities for more students to be involved will occur in the future. The adults involved were very impressed with the behaviour and positive participation of our students. This week our three year seven classes are hosting nine visiting Japanese students and their teacher Mr David Collins, a former student of Queen Charlotte College.

Mr Parsons sends his greetings to parents and students. He enjoys hearing about the continuing achievements of Queen Charlotte College students.

Reminder - Extended Weekends

There is no school on August 15 and 29. In 2008 Queen Charlotte College has arranged to coincide the school calendar with Marlborough Boys' and Girls' Colleges. The Blenheim schools will be having a Teacher Only Day but for QCC students it will be two extended weekends as we started the school year much earlier than MBC and MGC and therefore we meet the legal opening requirements of 380 half days. ❖



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Student Achievement

Josh Edmonds represented New Zealand in the 'Splash'

class World Championships in South Portugal during the July holidays. He performed exceptionally well and came home with a world ranking of 9th. This was a truly awesome effort, Josh. Congratulations.



Congratulations to **Hohepa Hakopa, Daniel Candy, David Moore and Jarome Leonard** who are representing Marlborough in the Under 65kg Rugby Team.

Sondra Bunt Muir and Bonnie Brady have been selected to represent Marlborough in the 13/14th Grade Girls Football Team.

Jedidiah Thorp has been selected in the Marlborough 11th Grade Boys Football Team.

The **Queen Charlotte College Girls Badminton Team** of **Cloe Vining, Nyomi Timms, Charlene Wills, Nicole Macdonald and Amalia McLaren-Brown** have qualified to play in the New Zealand Secondary Schools Badminton Tournament by winning the Zone 7 Finals in Christchurch. They will play in Auckland during the next school holidays. Well done girls good luck for the big final.



The **Queen Charlotte College Boys team, Bradley O'Rourke, Joseph Timms, Blair Timms and Jordan Randall** placed a very creditable third in the Zone 7 Tournament. Congratulations to you all.

Notices

NZCEA Fees Reminder Final date for payment is the end of August. If you haven't paid yet please remember to do so before the end of the month.

Picton Youth Group The Picton Youth Group has been in operation for almost a year. They are now formalizing their operation and are inviting young people of Picton to take part. Attached to the newsletter is an enrolment form for those students who are interested. Don't forget the GUYS vs. GIRLS competition. Current score Guys 90pts, Girls 40pts. Also remember to bring your membership cards. For more information txt Lee-ann on 021 1542369.

Eating Healthy, Be Active (information provided by Crown Public Health) The body functions best when food is eaten regularly to provide an even blood sugar level. The brain is very well equipped to maintain adequate blood sugar levels and it is only with certain medical conditions that levels may fluctuate. Some people may normally have lower energy levels and poor concentration if they regularly miss meals or make poor food choices. For optimal functioning of the brain it is recommended that people eat breakfast. Breakfast stimulates the metabolism improving performance and concentration at school. The advice to avoid carbohydrates at breakfast is not supported by dieticians and nutritionists; cereal and milk is considered by them to be an excellent choice. Including protein with breakfast can keep the body feeling satisfied for longer but this does not have to be a high fat cooked breakfast. A milk drink or yoghurt with cereal will provide sufficient protein to start the day. ❖

Coming Events...

15th August

29 August

1st September - 5th Sept

8th September - 12th Sept

3rd September

26th September

Extended Weekend

Extended Weekend

SISS Netball Competition

Festival Week

Year 7 & 8s performing at the Kids for Kids Festival

Last day of Term Three